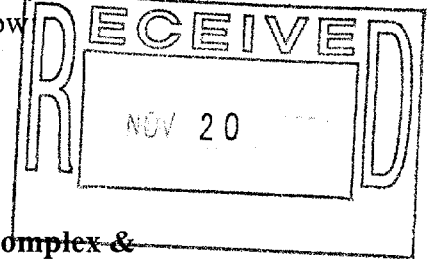


NOTIFICATION PURSUANT TO
SECTION 6 OF DSHEA

In compliance with Section 6 of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of **Schiff® Move Free, Header #46112380, #46112381, #46112383, Tri-fold Brochure & Brochure S-22** bearing the statements set out below:

Weider Nutrition International, Inc.
2002 South 5070 West
Salt Lake City, Utah 84104



The text of each structure function claim for **Glucosamine Complex & Chondroitin Sulfate** is as follows:

- (Statement 1) Header:
Move Free has the natural ability to rebuild healthy cartilage. Move Free works over time to support flexibility, comfort and range of motion. Chondroitin is an essential part of the Move Free formula and works synergistically with Glucosamine to create positive benefits.
- (Statement 2) Brochures:
These two nutrients work in unison to provide your joints with the elements they need to support healthy movement and flexibility. Move Free is our original Glucosamine and Chondroitin formula that has helped thousands of people stay active. Move Free is our original formula of 500mg Glucosamine and 400mg Chondroitin – specifically designed to help support and lubricate joints. Glucosamine is a natural compound that nourishes the connective tissue structures found in cartilage and joint fluid. It is a precursor for joint fluid, ligaments, tendons, membranes, and blood vessels. It (chondroitin) is capable of binding water molecules to lubricate, cushion and support joints. Taken in Move Free combination, Glucosamine and Chondroitin play an important role in your body's natural ability to support and rebuild healthy cartilage. These ingredients nourish your body, assisting your natural processes. After a few weeks of supplementing with Move Free you may decrease your intake to one or two pills per day to maintain optimal joint health.


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I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International, Inc. am authorized to certify this Notification of behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 13th day of November, 2000.

WEIDER NUTRITION INTERNATIONAL, INC.

BY: 
DR. LUKE R. BUCCI
Vice President of Research